



West Coast Radio Sailing Club

SAILING INSTRUCTIONS

Coastal Cup 7, Stoker Park, Lake Cowichan, BC

September 21, 2024

1. Organizing

Authority

The West Coast Radio Sailing Club in conjunction with the West Coast Radio Sailing Club invites IOM sailors to the 2024 Coastal Cup 7 at Stoker Park, Lake Cowichan, BC. This regatta is organized under the authority of the West Coast Radio Sailing Club, 9494 Marble Bay Rd, Honeymoon Bay, BC – [click here for Google map](#)

2. Rules

The regatta will be governed by the rules as defined in The Racing Rules of Sailing (The RRS) as modified by Appendix E, the Prescriptions of Sail Canada, the Equipment Rules of Sailing, and the IOM Class Rules.

3. Eligibility:

Entrants must be current members of the CRYA, or their National Authority. Boats must comply with the IOM Class Rules.

Competitors with a disability who require any form of help, or special requirements should, prior to entry, get in touch with the club contact to confirm that suitable arrangements can be made. The onus is on the competitor to establish whether the available facilities are suitable and, if necessary, provide a suitable support person

4. Schedule

Regatta start Saturday: 10:30AM, end: (4:00PM or earlier based on weather/sailing conditions)

The scheduled time of the warning signal for the first race is 10:30 AM, Saturday September 21st, 2024. No races will start after 4:00 PM. There is no maximum number of races, however a minimum of [6] races must be completed to constitute this event.

5. Entry and Fees

There is no entry fee for this event. Entry in this event shall be made using the form available on the West Coast Radio Sailing Association website.

<https://westcoastradiosailing.ca>

Entries must be received no later than **September 18th, 2024**. Late entries may be accepted at the discretion of the Regatta Chairman.

Entry is limited to 20 competitors.

Sail number conflicts will be resolved based on the date of receipt of entries including those accepted after the entry deadline. This overrides Personal Sail Numbers.

6. Contact:

Art Prufer: 604-788-2069 prufart@telus.net

Race Officer – TBD

7. Parking

Please park in the lower gravel parking lot and rig your boat there. As there is limited dock space, please leave your sail-boxes in your vehicle. Additional time will be provided if a sail change is required.

8. Race Management

As part of the Coastal Cup series, race management will be run on a casual basis as directed by the Race Officer. A skippers meeting will be held at 10:00 AM on the morning of the event. At this meeting the RO will advise where the race area is, the Control Area, the start timing sequence, and the expected courses. The RO may change the sailing instructions at any time by oral instructions given on the dock or boardwalk.

9. Safety

There is some boat traffic in this area, so the RO may abandon any race, for any reason, with no redress if an issue with marine traffic presents itself.

10. Scoring

The scoring will be low point as defined in RRS Appendix, A with drop races allowed after 4, 8, 16 and 24 races.

11. Protests

Protests will be accepted after notification to the RO as per RRS E6 except that they need not be in writing and notification to the RO must be within 2 minutes of the last boat

finishing or earlier. The RO will make arrangements for a protest hearing at a place, time and constitution of his discretion.

12. Conduct

In past events, there have occasionally been heated arguments between sailors along with some foul language. Most of these regattas are held in public locations and we want to showcase our sport in a positive light. If you have to protest another skipper, then please save the arguing for the actual protest hearing.

The PRO or his designate will be watching and listening for unsportsmanlike behaviour and/or language. A verbal warning will be given to any skippers not displaying the Corinthian Spirit of sailing. Further punitive actions will be taken, without a hearing, if the arguing and/or foul language continues as follows:

- 360° penalty turn taken after the start of the next race, behind the start line
- DSQ in next race
- DSQ for the regatta
- DSQ for the series

13. Dock Use

The Marble Bay dock is part of the Woodland Shores development, which we have been given permission to use by Cowichan Lake Holdings Ltd. Please respect the use of this private dock, as we are guests there using these facilities. The gate code will be provided via email, 3 days before this event.

DISCLAIMER OF LIABILITY

All those entering or taking part in this event do so at their own risk and responsibility. (See RRS 4). The West Coast Radio Sailing Club and any other parties involved in the organization of this event disclaim:

“Any and every responsibility whatsoever for loss, material damage, personal injury or death, or inconvenience that might occur to persons and goods, both ashore and on the water, prior to, during or after the regatta, as a consequence of entering or participating in the event covered by this Notice of Race and Sailing Instructions.”

At all times the responsibility for the safety of their boat and themselves plus the decision to participate or continue must rest solely with and remain at all times with the competitors.

By entering this event, the competitor confirms that they are a member in good standing of their National Authority and agrees to be bound by the Racing Rules of Sailing and accepts the rules and conditions as they appear on the NOR and Sailing Instructions and amendments, for this event.